

Thrive Fitness Retreat Terms & Conditions

Minimum age

The minimum age for attending any retreat with us is 18.

Cooling off period

There is no cooling-off period when purchasing or booking any of our Retreats.

Your Health

You warrant that you are in good physical condition and you know of no medical or other reason why you cannot or should not do any form of active exercise, including, but not limited to, High-Intensity Interval training, strength training, cardiovascular training, swimming, running, yoga, stretching & ice baths.

Acknowledgement of risks

You warrant that you are aware that all exercise and travel carries risks, and acknowledge you are participating willingly, and in knowledge of these risks.

You recognise that we are not able to provide you with medical advice, and that any information provided should be used as a guideline only. If you have any prior knowledge of health concerns or health risks, you acknowledge that it is your responsibility to seek clearance from a health care professional prior to attending any of our retreats.

Indemnity

You agree to fully indemnify without limitation any of our trainers or contractors against any injury, malpractice, mishap, or accident during any and all of your interactions with us.

Meeting Your Responsibilities and Paying for Your Trip

You must make sure your bank account can make credit/debit card payments and that there is enough money in your account to pay for the trip on or before the payment due date.

If your chosen payment method fails, you are liable for any and all resulting fees.

If you do not fully pay your fees on the due date, Thrive has the right to suspend or decline access to any services, activities and facilities associated with your retreat, until all outstanding balances have been paid in full and you have given us your updated payment details (if you are requested to do so).

You understand and acknowledge that we will continue to debit your nominated account without notice until we have received the total amount you owe us.

We will make a reasonable effort to advise you on the status of the failed payments by email.

Payment Policy

To reserve a spot on your Thrive Retreat, your first payment of £158.33 is non-refundable upon booking.

Payment of any outstanding sums owed (the balance) must be made by 1st August 2024.

Payment & Cancellation Terms

It is your responsibility to read and understand our Payment & Cancellation Policy before confirming your spot.

Payment can be made in full or alternatively split into 3 payments as follows:

Payment 1 due 1st April £158.33 (nonrefundable deposit.)

Payment 2 due 1st June £158.33

Payment 3 due 1st August £158.33

Cancellation by You

Cancellations must be immediately notified to us. If we can fill your space you will be refunded less the cost of the initial deposit. If we cannot fill your space, we will apply the scale shown in the table below to determine the amount of the charge, which shall be a percentage of the total cost of your space on the retreat.

Number of days before start of retreat that notification of cancellation is received*	The percentage of total booking value payable by you.
More than 90 days	75% of booking cost
Within 60 days	85% of booking cost
Within 30 days	100% of booking cost

Due to our need to commit to accommodation and other arrangements in advance, exceptions to our policy cannot be made for any reason.

Cancellations Policy: Trip cancellations made by us.

If Thrive has to cancel or change the start date of any retreat, for any reason whatsoever, you're entitled to transfer the sums paid to another retreat (either scheduled or at some future time within the next two (2) years) to be used as credit, or you can request a refund of payments made by you to us.

Late Arrivals/Early Departures:

We do not offer credit for arriving late to our retreat or departing early.

General Waiver

You acknowledge that during any trip with Thrive you participate voluntarily in all activities arranged, and insofar as is legally permissible, you surrender your right to any cause of action against Thrive, their Trainers and contractors arising from any loss or damage to any person or property that occurs during a retreat up to and including death.

Photo / Video Release – Use of Image

You hereby grant to Thrive the absolute and irrevocable right, and unrestricted permissions to use photographic portraits/images/videos in which you feature that are taken during the retreat to use/republish/copyright, etc. for commercial use in association with Thrive.

You hereby release and discharge Thrive from all claims and demands arising out of or in connection with the use of the photographs and video footage, including without limitation any and all claims for libel or invasion of privacy.

By booking any retreat with us you agree to be bound by and adhere to all policies and rules.

For any questions or queries, please email us at info@thriveswindon.co.uk